**Developing Routines**

**Discussions about Routines**

**Directions*:*** *Developing routines can sometimes be a bit overwhelming because of thinking about all the steps you may need for your routine. That is why it is suggested to ask friends, family, and others around you for help if you get stuck. For this activity, walk around the room and ask what routines your peers have and the steps they take in their routines. This will help you get ideas for steps for your own routines, as well as think about ideas for other routines you may want to follow.*

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| **Peer’s Name:**  **Routine:**  **Steps:**  **Do I want to use this routine? Circle Yes or No** | **Peer’s Name:**  **Routine:**  **Step:**  **Do I want to use this routine? Circle Yes or No** | **Peer’s Name:**  **Routine:**  **Steps:**  **Do I want to use this routine? Circle Yes or No** |
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