**Calendaring**

**What’s Important? Activity**

**Directions:** *Using a calendar can be helpful because it can keep us organized and help us remember important upcoming events. Having too many things on your calendar can cause it to become cluttered, hard to read, or it may seem overwhelming.*

*Calendars can get filled up quickly so it’s important to think about what is really important and what should be included on your calendar. Look at the calendar below and cross out items that do* ***not*** *need to be included on your calendar.*

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
|  |  |  | 1  Wake up  Work 9am-12pm | 2  Movie with friend at 7pm | 3  Go to dinner with family at 5:30pm | 4  Church at 11am |
| 5  Go to bed at 11pm | 6  Work 9am-12pm  Brush teeth | 7  Off | 8  Work 5pm-8pm | 9  Do laundry | 10  Work 9am-12pm | 11  Brush teeth |
| 12 | 13  Work 5pm-8pm | 14  Drs. appointment at 3pm | 15  Off | 16  Shower | 17  Work 9am-12pm | 18  Church at 11am |
| 19  Shower | 20  Work 9am-12pm | 21  Do laundry | 22  Work 12pm-4pm | 23  Work 9am-12pm | 24  Off  Camping with friend –leave at 8am | 25 |
| 26 | 27  Work 9am-12pm | 28 | 29  Work 9am-12pm | 30 | 31  Work 9am-12pm |  |