**Asking for Help**

**Module Companion**

**Directions:** *Answer the questions and fill in the boxes below that correspond to the Asking for Help module.*

**What are some situations in your life in which you have asked for help?**

**Why is it important to ask for help as soon as a problem occurs?**

**What does it mean when a person is unavailable? Circle the examples of unavailable people below:**

A teacher in the middle of a lecture.

A parent who is reading a book.

A friend who is talking on the phone.

A police officer who is walking around the mall.

A boss who is working on his computer with his door open.

A friend who is in class with you.

A store clerk (e.g., grocery store, clothing store).

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A coworker who is using the restroom

**?**

**Write who would be an appropriate person to ask for help in each of the situations below:**

You can’t find a specific book in the library. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

You need help completing a science project. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

You need directions for how to get to a specific location in your community. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

You need help filling out a job application. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

You need help finding an item in a clothing store. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

You need to help with a math problem. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**True or false: It is never okay to go back and ask for help again if you are still having trouble solving the problem.**

**What should you do or say after someone has offered you help?**